



The Rejuvenation Cocktail

Designed to restore youth through selective gene therapy

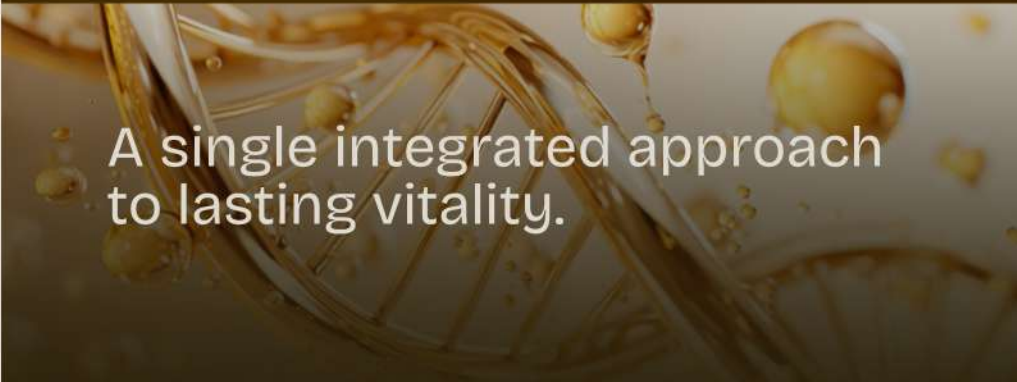


What Is It?

A New Chapter in Human Rejuvenation

The Rejuvenation Cocktail delivers three carefully selected gene therapies that target the core mechanisms of aging. Each gene enhances one of the pillars of vitality—muscle, mind, and metabolism—to restore youthful performance and resilience.

Results are designed to be long lasting, with effects that will persist for 15 to 20 years.

A close-up photograph of a DNA double helix structure, rendered in a translucent, golden-brown color. The helix is surrounded by a liquid, with bubbles and droplets visible. The background is a dark, warm gradient.

A single integrated approach to lasting vitality.

Klotho

Cognitive and Vascular Vitality

Klotho is often called the longevity gene. It supports neuronal health, maintains vascular flexibility, and reduces inflammation. Enhancing Klotho expression contributes to sharper cognition, steadier mood, and improved systemic resilience.

Expected Benefits

Improved memory, focus, and executive function

Healthier vascular function

Greater energy for daily and recreational activities

Follistatin

Muscle Strength and Mobility

Follistatin, widely used in bodybuilding, suppresses myostatin and activin—both limit muscle growth. Increasing its levels through the Rejuvenation Cocktail enhances youthful muscle regeneration, balance, endurance, and confidence.

Expected Benefits

10–20% increase in lean muscle mass

Improved strength, stability, coordination, and bone density

Greater energy for daily and recreational activities

SIRT1

Energy and Metabolic Renewal

SIRT1 is a master regulator of mitochondrial function and cellular energy. It amplifies metabolic efficiency, supports glucose control, and works in concert with Klotho to protect the brain and vascular endothelium.

Expected Benefits

Increased stamina and sustained energy

Enhanced metabolic balance and fat utilization

Synergistic neuro-metabolic protection

The Experience

Consultation

Personalized consultation including a brief health review and baseline body composition assessment.

Treatment Day

Treatment is administered during a scheduled visit and typically takes approximately one hour.

The experience includes:

- Intramuscular injections (follistatin)
- Intranasal applications under local anesthetic (Klotho and SIRT1)

Recovery

Most individuals return to normal activity the same day.

Follow-Up (Optional)

Biomarker and body-composition tracking at 3, 6, and 12 months.

Expected Results

Age
Around 70 years

Timeframe	Typical Outcome
3-6 months	• Muscle gain 10–20% • Energy +25–30% • Sharper cognition • Measurable rejuvenation of function

Age
Around 80 years

Timeframe	Typical Outcome
6-12 months	• Strength +5–15% • Improved mobility • Cognitive stabilization • Greater independence

The Foundation and the Science Behind the Therapy

The KHL Foundation supports education and access to proven rejuvenation therapies but does not conduct laboratory or clinical research.

Developed and refined by Triple Helix Science, the Rejuvenation Cocktail integrates three of the most promising rejuvenation gene additions into one coordinated therapy.

For more information visit
khlfoundation.com

This therapy is provided under established clinical protocols for human rejuvenation. Individual responses vary.